

**November 9, 2020**

Dear Parents,

By now, you have likely heard about the latest COVID guidelines from the Provincial Health Officer (PHO), Bonnie Henry. In a rare Saturday press briefing, the PHO outlined a new health order that will be in effect for the next two weeks. The order is aimed at reducing social interactions so that schools and workplaces can remain open.

Included in this new health order:

- No social gatherings of any size with anyone other than your immediate household
  - including outdoors, at restaurants or at other venues
- Indoor group fitness such as dance, yoga and spin classes are prohibited
- Non-essential travel to and from different regions, which span the Lower Mainland and Fraser Valley, is strongly discouraged

To see the complete Health Order, please click here: [HERE](#)

It is important to note that the restrictions on group physical activities, either in a gymnasium or outside, do not apply to school athletics programs or physical education classes.

There was also the recommendation that households be discerning about the number of contacts maintained with those not residing at the home. Henry suggested that for some families a “safe six” may have to be further limited to essential contacts. These would be people who are part of your regular routine, so household members, immediate family, a close friend or the people you have regular close contact with.

While the new health order does not have any direct impact on our COVID safety protocols here at school, it does serve to remind us how our choices and behaviours outside of school can have a significant impact on our entire community and have unintended consequences particularly for those who are most vulnerable.

Our school community has been doing so well, and I encourage you to continue working and focusing on our collective responsibility to look after each other. Our efforts have been very effective and we will continue to tackle these challenges together.

Regards,  
Alex