

September 20, 2020

Dear Parents and Students,

I wanted to take a quick moment to remind everyone about safe mask use.

There does not seem to be one definitive source I can share about safe and proper mask wearing, especially as it relates to storing a mask temporarily while eating. I have provided two sources below from Health Canada that cover the basics.

Each parent should ensure their child knows how to use a mask and has a plan for safe care for their mask, including taking it off and on to eat.

Here are 2 links we think are useful from Health Canada: [Video](#) and [Poster](#)

The most basic rules would include:

1. Always wash your hands before putting on or removing a mask
2. Only touch the strings or loops and always assume the outside of the mask is contaminated
3. If you take a mask off it is best to put it in a clean bag or envelope

These 3 steps repeat each time a mask goes on or off except when you are going to wash a reusable mask or dispose of a single-use mask.

If you break the steps above, a new mask should be used. It seems that good practice would be to have a few clean masks in clean bags and to change to a new mask at mid-day or if the mask becomes wet or soiled.

Please do not use masks with exhalation valves or vents as these allow infectious respiratory droplets to be released outside the mask. King David does not allow these masks as they are not recommended by Health Canada and will not protect others from COVID-19.

Reusable and single-use masks are always available at the front office.

Thank you for sharing this information with your children.

Russ Klein