

King David High School
EXPOSURE
CONTROL
PLAN



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King David High School Exposure Control Plan

As of May 19th, at the direction of the Ministry of Education (MOE) with the support of the Provincial Health Officer (PHO), schools in BC are expected to gradually resume regular operations and return to partial in-class instruction beginning on June 1st. A return to in-school learning for students is part of BC's *Restart Plan*.

On Monday June 1st, BC will move into Stage 3 of the Return to School process.

Education stages for K-12 students
<p>Stage 5</p> <ul style="list-style-type: none"> • Suspend all in-class instruction for all grades and students. • Remote and online learning for all students.
<p>Stage 4 *Current stage*</p> <ul style="list-style-type: none"> • In-class learning for children of essential service workers and vulnerable students. • Remote and online learning continues for most students.
<p>Stage 3 *Starting June 1st*</p> <ul style="list-style-type: none"> • In-class learning for students in kindergarten to Grade 5 on a part-time basis. • Access to in-class learning as needed for grades 6 to 12 on a part-time basis. • Remote and online learning continues to be available for students.
<p>Stage 2</p> <ul style="list-style-type: none"> • In-class learning for all students in elementary school (K to 7) on a full-time basis. • In-class learning for secondary students (grades 8 to 12) on a part-time basis. • Remote and online learning continues to be available for secondary students.
<p>Stage 1</p> <ul style="list-style-type: none"> • A return to full in-class instruction.

The PHO has issued guidelines to all schools to prevent the transmission of COVID-19 and maintain the health and safety of staff, students and families.

King David is committed to providing a safe environment for all members of our school family, which includes following all WorkSafeBC guidelines, Ministry of Health (MOH) standards, and providing our staff with the necessary training.

The following pages will outline the school's plans to ensure a safe school environment, which are based on the principles outlined in the MOH's *Infection Prevention and Exposure Control Measures* (May 15, 2020):

Public Health Measures are actions taken across society at the population level to limit the spread of the SARS-CoV-2 virus and reduce the impact of COVID-19. The Provincial Health Officer has implemented public health measures, including: prohibiting mass gatherings, requiring travellers to self-isolate or quarantine upon arrival in B.C., effective case finding and contact tracing, and emphasizing the need for people to stay home when they are sick.

Environmental Measures are changes to your physical environment that reduce the risk of exposure. Examples include being in outdoor spaces, ensuring good ventilation and air exchange, using visual cues for maintaining physical distance, erecting physical barriers where appropriate and frequent cleaning and disinfection.

Administrative Measures are measures enabled through the implementation of policies, procedures, training and education. Examples of these include health and wellness policies, decreased density in classrooms, staggered schedules and using virtual learning opportunities.

Personal Measures are actions individuals can take to protect themselves and others. Examples include maintaining physical distance/minimizing physical contact, washing your hands frequently, coughing into your elbow and staying home from work if you are sick.

Personal Protective Equipment is the last and least effective of the infection prevention and exposure control measure and should only be considered after exploring all other measures. PPE is not effective as a stand-alone preventive measure, should be suited to the task, and must be worn and disposed of properly. Outside of the health care settings, the effectiveness of PPE is generally limited to protecting others should you be infected.

The number of students permitted in the building each day cannot exceed 20 percent of our total student body. Similarly, the PHO's *Order for Mass Gatherings* continues to prohibit gatherings and events of people in excess of 50 people, however, this Order does not apply to regular school activities. As such, there can be more than 50 students and staff in a school at any given time if they are not all in one area and if they are actively engaged in physical distancing to the greatest extent possible. However, large assemblies of staff and students will not be held.

All classrooms, common areas, hallways and stairwells will be configured to allow for proper physical distancing:

- a. This means standing/sitting a minimum of 2 meters apart
- b. To maintain physical distancing, no furniture or desks may be moved
- c. Physical distancing must be maintained when entering the building and moving through the hallways
- d. Elevator occupancy will be limited to 1
- e. All classrooms and labs will have individual desks only for students (spaced 2 meters apart)
- f. Movement between classrooms may be limited
- g. There will be signage and reminders posted throughout the building
- h. Signs will be posted outside each room that specifies occupancy limits (these limits must not be exceeded)

For staff, shared equipment or spaces should be disinfected after each use using soap and water or disinfectant wipes. Staff office spaces and work spaces can be shared **ONLY** if a distance of 2 meters can be maintained from others.

Personal Health and Wellness

Extensive procedures will be in place. Hand sanitizer pumps will be available in every classroom, the Atrium, the main entrance and other common areas.

Staff and students are asked to wash their hands or use hand sanitizer:

- Upon entering the school
- When entering each classroom
- After using the washroom
- Before and after eating and drinking
- After using common areas (e.g. photocopier, computer)
- After using shared utensils/resources/equipment (stapler, projector remotes)
- After handling deliveries/mail

- After sneezing or coughing into hands
- After using a tissue

Rigorous hand washing with plain soap and water is the most effective way to reduce the spread of illness. Both students and staff can pick up and spread germs easily, from objects, surfaces, food and people. Everyone should practice diligent hand hygiene. Parents and staff can teach and reinforce these practices amongst students. All staff and students will be reminded of proper and diligent hand-washing according to the [BCCDC Handwashing Poster](#).

All students and staff are asked to use proper **respiratory etiquette**, avoid touching their faces and frequently wash their hands. This includes coughing or sneezing into ones elbow or a tissue. All staff and students should refrain from sharing any food, drinks or unwashed utensils. Common use microwaves will not be available for student use in the atrium.

According to MOE and MOH guidelines, the school has a responsibility to monitor student and staff health including looking for signs of illness including sneezing, coughing, or fatigue. The school will randomly conduct external temperature scans when entering the building using a non-contact thermometer. Those with an elevated skin temperature will be asked to take their temperature again privately with a diagnostic (oral) thermometer.

Parents and caregivers must assess their child daily for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease before sending them to school. It is a parent's responsibility to assess their children daily before sending them to school. Students who show signs or symptoms of *any* illness must be kept home.

Students and staff who have signs of illness including cough, fever, symptoms of common cold, influenza, COVID-19, or other respiratory disease will not be permitted to be at school and will be sent home. Parents will be asked to pick up their children or give permission for them to leave. The school will work with a staff member to determine how they will get home. Any staff member or student who has symptoms or signs of illness will be isolated from others.

Those who are asked to leave due to illness will be directed to use the [BC COVID-19 Self-Assessment Tool](#)

- If concerned, they can be advised to contact 8-1-1 or the local public health unit to seek further input.
- They can also be advised to contact a family physician or nurse practitioner to be assessed for COVID-19 and other infectious respiratory diseases.

Students and staff who have symptoms of COVID-19 OR travelled outside Canada in the last 14 days OR were identified as a close contact of a confirmed case or outbreak must stay home and self-isolate, including children of essential service workers who are ill.

Building Maintenance

Cleaning and Disinfection

Regular cleaning and disinfection are essential to preventing the transmission of COVID-19 from contaminated objects and surfaces. The school will be cleaned daily according to MOH guidelines which include:

- General cleaning and disinfecting of the premises will occur at least once a day.
- All areas of the school will be sanitized once a day.
- Frequently-touched surfaces will be cleaned and disinfected at least twice a day.
 - These include door knobs, light switches, toilet handles, stair rails, faucets, push bars, countertops
- Clean and disinfect any surface that is visibly dirty
- Use common, commercially-available detergents and disinfectant products and closely follow the instructions on the label

There is no evidence that the COVID-19 virus is transmitted via textbooks, paper or other paper-based products. As such, there is no need to limit the distribution or sharing of books or paper based educational resources to students because of COVID-19.

All interior doors will remain open when possible to limit door handle contact. All lights will remain on, when possible, each day to limit contact on switches. Disinfectant wipes will be available in each classroom, staff room, in both photocopy areas and other common use areas.

PPE

Personal protective equipment, such as masks and gloves are not needed, beyond those used by staff as part of regular precautions for the hazards normally encountered in their regular course of work. They should only be used when all other controls fail.

- Managing students with complex behaviours, on a delegated care plan or experiencing a health emergency may require staff to be in close physical proximity with the student. ***No additional personal protective equipment beyond normal universal precautions are required.***

Wearing a mask or other PPE items will be the choice of the individual staff member or student.

Visitors to King David

During Stage 3, visitors to King David will be limited to those with an appointment with school personnel. Not all staff members will be present at school on a given day; please make an appointment to ensure they are available. Parents picking up students are asked to remain outside the building and practice physical distancing.

Student Transportation on Buses

If in use, the school bus will be cleaned and disinfected according to the guidance provided in the BCCDC's Cleaning and Disinfectants for Public Settings document.

Additional measures will be considered, including:

- Encouraging private vehicle use where possible to decrease transportation density.
- Consider installing a physical barrier between the driver and passengers (e.g., plexiglass).

- Have students sit to maintain physical distance:
 - Students should be separated side to side and front to back.
 - Students from the same household can share seats if space is limited.

Training and Plan Review

Training and review of the school's ECP is mandatory for all staff members and students. All parents are also asked to be familiar with this document, in particular, their responsibility to assess their children's health daily and to keep them home if they have signs of any illness.

The school will conduct regular training for staff, which will be documented and reviewed by a staff safety designate or staff safety committee. This document will also be reviewed regularly to ensure the school is complying with all current, provincial guidelines and practices including those of the MOE, MOH, PHO and WorkSafeBC.

This Document was prepared with strict adherence to:

- BC COVID-19 Guidance for Schools (MOH: May 15, 2020)
- Operational Guidelines for School Districts and Independent School Authorities (MOE: May 15, 2020)
- WorkSafeBC: COVID-19 and returning to safe operation

Along with supporting content from:

- Copenhagen International School Re-opening Plan
- School District 8 Kootenay Lake Mandatory Facilities Procedures
- SAIS Mapping Out Plans for the 2020-2021 School year

APPENDIX A: COVID-19 and Children & Adults

COVID-19 virus has a very low infection rate in children and youth. In BC, less than 1% of children and youth tested have been COVID-19 positive. Most children and youth are not at high risk for COVID-19 infection.

Children under 1 year of age and those who are immunocompromised or have pre-existing pulmonary conditions are at a higher risk of severe disease (visit the BCCDC Priority Populations page for further details).

Children who are considered more vulnerable can receive in-person instruction. Parents and caregivers are encouraged to consult with their health care provider to determine if their child should attend in-person instruction if they are uncertain.

Children and youth typically have much milder symptoms of COVID-19 most often presenting with low-grade fever and a dry cough. GI symptoms are more common over the course of disease, while skin changes and lesions, are less common.

Many children have asymptomatic disease. However, there is no conclusive evidence that children who are asymptomatic pose a risk to other children or to adults.

Evidence indicates transmission involving children is primarily limited to household settings, and from COVID-19 positive adults to children. Most cases in children have been linked to a symptomatic household member. Clusters and outbreaks involving children and youth are unusual and tend only to occur in areas where there are high levels of community spread.

Children are not the primary drivers of COVID-19 spread in schools or in community settings. Schools and childcare facility closures have significant negative mental health and socioeconomic impacts on vulnerable children and youth. Prevention measures and mitigation strategies involving children and youth must be commensurate with risk.

Adolescent children should physically distance themselves where possible when outside the family unit or household. For younger children maintaining physical distance is less practical and the focus should be on minimizing physical contact instead.

Adults

While COVID-19 impacts adults more than children, some adults with specific health circumstances are at an increased risk for more severe outcomes, including individuals:

- Aged 65 and over,
- With compromised immune systems, or
- With underlying medical conditions.

Most adults infected with COVID-19 will have mild symptoms that do not require care outside of the home.

APPENDIX B: When a Student or Staff Member Develops Symptoms at School

If a Student Develops Symptoms of COVID-19	If a Staff Member Develops Symptoms of COVID-19
<p>IF STUDENT DEVELOPS SYMPTOMS AT HOME: Parents or caregivers must keep their child at home until they have been assessed by a health care provider to exclude COVID-19 or other infectious diseases, AND their symptoms have resolved.</p> <p>IF STUDENT DEVELOPS SYMPTOMS AT SCHOOL: Staff must take the following steps:</p> <ol style="list-style-type: none"> 1. Immediately separate the symptomatic student from others in a supervised area. 2. Contact the student’s parent or caregiver to pick them up as soon as possible. 3. Where possible, maintain a distance of 2 metres from the ill student. If not possible, staff may wear a mask if available and tolerated, or use a tissue to cover their nose and mouth. 4. Provide the student with tissues to cover their coughs or sneezes. Throw away used tissues as soon as possible and perform hand hygiene. 5. Avoid touching the student’s body fluids (e.g., mucous, saliva). If you do, practice diligent hand hygiene. 6. Once the student is picked up, practice diligent hand hygiene. 7. Staff responsible for facility cleaning must clean and disinfect the space where the student was separated and any areas used by them (e.g., classroom, bathroom, common areas). 8. Contact the local public health unit to notify them of a potential case and seek further input. <p>Parents or caregivers must pick up their child as soon as possible if they are notified their child is ill.</p>	<p>IF STAFF DEVELOPS SYMPTOMS AT HOME: Staff must be excluded from work and stay home until they have been assessed by a health care provider to exclude COVID-19 or other infectious diseases, AND their symptoms have resolved.</p> <p>IF STAFF DEVELOPS SYMPTOMS AT WORK: Staff should go home as soon as possible. If unable to leave immediately:</p> <ol style="list-style-type: none"> 1. Symptomatic staff should separate themselves into an area away from others. 2. Maintain a distance of 2 metres from others. 3. Use a tissue or mask to cover their nose and mouth while they wait to be picked up. 4. Staff responsible for facility cleaning must clean and disinfect the space where the staff member was separated and any areas used by them (e.g., classroom, bathroom, common areas). 5. If concerned, contact the local public health unit to seek further input.
<p>If a student or staff member is assessed by their family physician or nurse practitioner and it is determined that they do NOT have COVID-19, they may return to school once symptoms resolve.</p>	